



MENU

Welcome to Promise Catering! Promise Catering is an extension of the culinary arts training program of Elijah's Promise. Promise Catering provides professional catering services and employment for students and graduates of the culinary arts program. The catering business continues training graduates in advanced methods and techniques, further preparing them for permanent employment in the food service industry. We make everything ourselves, from scratch! When you do business with Promise Catering, you support the work of empowering lives, and you make a difference!

Breakfast & Lunch

PROMISE CONTINENTAL \$5.25

Bagels, cream cheese, butter, fresh baked muffins, coffee, tea

ELIJAH'S CONTINENTAL \$7.85

Above plus individual bottle juice, fresh fruit platter

Ask about our Executive Hot Breakfast Buffet:

Featuring: Scrambled eggs with goat cheese, frittata, fruit salad and assortment of blintzes just to name a few choices.

Pricing per person/20 person min.

PROMISE BOXED LUNCH \$10.75

Each box lunch includes one of our sandwiches, pasta or potato salad, pickle, homemade cookies, fruit and beverage. Utensils are included also.

SANDWICH PLATTER \$9.75

You're choice of sandwich, pickles, Choice of tossed salad macaroni ,coleslaw homemade cookies and beverage. **UTENSILS ARE INCLUDED**

All of our food is made fresh to order! We will accommodate substitutions.



SANDWICH SELECTION

BASIL CHICKEN SALAD

Chicken, scallions, red onions, celery, red/ green peppers, basil, mayonnaise, water chestnuts

TURKEY BLT

Roasted turkey, Bacon, creamy havarti cheese, lettuce, tomato, and our own homemade chipotle sauce

SOUTHWESTERN CHICKEN WRAP

Grilled marinated chicken, red onions, avocado sauce, lettuce, Monterey jack cheese

ASIAN TOFU WRAP

Baked tofu, scallions, rice wine vinegar, soy Sauce, ginger, basmati rice, all rolled into a Spinach wrap

PORTABELLA SANDWICH

Marinated portabella, red onions, roasted red peppers, tomatoes

ROASTED VEGGIE SANDWICH

Seasonal veggie, including carrots, onions, and peppers, combined with red pepper hummus

HAM BRIE

Honey ham, brie cheese, apple, lettuce, tomato, and our special orange chipotle sauce

PANINI

Choice of Luncheon Meats (Turkey, Ham, Salami) or Grilled Vegetables

SALADS

10 Person Min. Order

TOSSED SALAD Mixed baby greens, tomatoes, olives, red onions, carrots, roasted red peppers, olives. Served with assorted dressings
1.25 PER PERSON

SPECIALTY SALADS are 5.95 per person
Salads ordered with Sandwich Platter are 2.95 per person

CAESAR SALAD

Crisp romaine lettuce, parmesan cheese, homemade croutons and dressing
Add parmesan coated chicken \$2.00 per person
shrimp \$2.75 per person

SPINACH SALAD

Baby spinach, hard-boiled egg, mushrooms, goat cheese, tomato. Choice of balsamic or herbed

BROWN RICE SALAD

Rice, raisins, red onion, red & green pepper, parsley, celery, shredded carrot drizzled with light vinaigrette

SOUTHWESTERN BLACK BEAN

Black beans, red & green peppers, red onions, cilantro, avocado, mixed with cumin red wine vinegar and oil. Served with homemade chips.

ORIENTAL TOFU SALAD

Baked tofu, red onions, carrots, scallions, ginger, soy sauce, rice vinegar, and honey

PASTA SALAD

Tomato, cucumbers, scallions, olives, peppers dressed in a light vinaigrette

RED BLISS POTATO SALAD

Potato, scallions, celery, parsley, sour cream, Dijon mayo

ORZO PASTA SALAD

Orzo pasta, spinach, roasted red pepper, fresh

All of our food is made fresh to order! We will accommodate substitutions.

Promise Catering

211 Livingston Avenue New Brunswick, NJ 08901

www.elijahspromise.org

PLATTERS

Our platters are great for parties, receptions and business lunches
Small serves 20-25 and Large serves 25-35.

Seasonal Vegetable Platter

Fresh carrots, celery, cauliflower, broccoli, and more, served with assorted dips.
Sm. 46.00 Lg. 62.50

Cheese and fruit platter

Cheddar, Brie, Gouda, Swiss, Goat cheeses, garnished with seasonal fruits and served with assorted crackers.
Sm. 56.00 Lg. 95.00

Mediterranean Platter - hummus, roasted eggplant, olives and roasted pepper strips served with pita triangles.
Sm. 30.00 Lg. 56.00

Fruit platter

Assorted seasonal fruits sliced and served with a yogurt dip.
Sm. 45.00 Lg. 85.00

Antipasto platter

Artichoke hearts, marinated olives, roasted red pepper, salami, provolone cheese, fresh mozzarella, cherry tomato
83.00 serves 30

Grilled Southwestern Chicken

Marinated chicken breasted in southwestern flavors, grilled and sliced. Served with grilled vegetables, portabellas, zucchini, pineapple and rice.
9.95 per person

Deli Platter

Tuna, Chicken, Shrimp salad arranged on a bed of lettuce, with tomato, red onions, assorted breads, and condiments
7.95 per person

Promise Catering

211 Livingston Avenue New Brunswick, NJ 08901
www.elijahspromise.org



DINNER & HOT ENTREES

Pricing based on 1/2 pan or full pan.

Price \$ 1/2 PAN/FULL PAN

1/2 pan serves 10-12, full pan serves 15-20

CHICKEN DISHES

Chicken Francaise/ Marsala/ Picatta	36.25/62.00
Stuffed Chicken with Goat Cheese, Roasted Pepper & Spinach	38.50/72.50
Stir Fry Chicken and Veggies	33.50/ 66.25
Chicken with White Beans and Artichoke Hearts	35.00/67.00
Chicken Parmigiana	33.50/66.25

SEAFOOD DISHES

Salmon with Honey Soy Ginger Glaze	51.50/ 88.50
Salmon with Herbed Crust	51.50/88.50
Stuffed Flounder with Crabmeat	55.00/101.00
Our Chef's Maryland Crab Cakes with Honey Cayenne Sauce	Market Price

PASTA

Baked Ziti	27.00/50.00
Eggplant Parmigiana	35.00/60.00
Baked Lasagna	34.50/64.00
Penne with Veggies in a Lemon Garlic Sauce	35.00/67.00
Penne with Red Peppers, Sausage, and Roasted Roma Tomatoes	33.00/65.00

SIDE DISHES

Smashed Garlic Potato	27.00/ 50.00
Rice Pilaf	20.00/37.00
Honey Glazed Baby Carrots	25.00/47.00
String Bean Almandine	25.00/47.00
Roasted Red Bliss Potato	24.00/ 40.00

We will deliver pans either hot or cold. If you need aluminum racks, there will be a \$2.25 charge. Racks must be returned within 24 hours or put away until we can pick up. If not, a \$6.00 fee will be charged.

All of our food is made fresh to order! We will accommodate substitutions.

Promise Catering
211 Livingston Avenue New Brunswick, NJ 08901
www.elijahspromise.org



DESSERTS

BROWNIE TRAY

Walnut, cream cheese, blondies or chocolate

3.25 PER PERSON, MINIMUM 10 PERSON

ASSORTED COOKIES

Chocolate chip, cranberry nut, white chocolate, oatmeal raisin, and peanut butter

2.75 PER PERSON 10 PERSON MINIMUM

FRESH BAKED MINI CHEESE CAKES

Your Choice of our Mouth Watering Award Winning Cheese Cake (Plain, Strawberry, Chocolate or Chocolate Swirl)

4.25 PER DOZEN

PEACHES AND CREAM BREAD PUDDING

Peaches, cream, brandy, bread, eggs and spices, baked to a golden custard delight.

1/2 PAN 42.50 SERVES 10

ASSORTED PASTRIES

Fresh Baked assortment of pastries

ASSORTED EXTRA

Rolls .35 each

Water/soda 1.50 per person

Always name brand

Paper products 1.25 per person

(Paper products are environmentally friendly)

GENERAL INFORMATION

Delivery & set up fee 17.00

Fee may be higher based on distance, size and time of event.

Ordering: All bookings require a minimum 48 hours prior notice. We book up fast, so order early.

Payment: We gladly accept cash, checks, all major credit cards and P.O. Please provide payment information when ordering. Payment due upon delivery or completion of event.

If you need wait staff for your event, we can provide staff for an additional cost at \$20.00 per hr min 4 hours

We will accommodate any of your dietary needs. If there is an item that you do not see, please ask and we will try to accommodate you.

Prices subject to change without notice

All of our food is made fresh to order! We will accommodate substitutions.

Promise Catering

211 Livingston Avenue New Brunswick, NJ 08901

www.elijahspromise.org